

INDIANA'S PREGNANCY & PARENTING

SUPPORT PROGRAM

JANUARY 2023 SERVICE UPDATE





Initated in 2014, Indiana's Pregnancy & Parenting Support Program promotes childbirth rather than abortion. Through this initiative, the Indiana State Health Department hires Real Alternatives, a non-profit charitable organization, to serve women and families across the state. Since it began, the program has achieved this goal in historic ways.



More than 98,675 women served in 91 of Indiana's 92 counties





21 pregnancy support centers throughout the state

Services offered up to a year after baby's birth

Current funding.....

(Includes: original program costs, 2021 budget allocation, and 2022 Special Session allocation. Higher allocation from Special Session will help build capacity to grow footprint to serve more moms, babies, and families.)

Total budget request for 7/1/23 - 6/30/25

✓ July 1, 2023-June 30, 2024.......

✓ July 1, 2024-June 30, 2025......

\$4.5 million annually

\$6.661 million

\$2.661 million

\$4 million



INDIANA'S
PREGNANCY &
PARENTING
SUPPORT PROGRAM

The Difference We're Making

At no cost to the women served, the state of Indiana is ensuring a caring, knowledgeable support system to Hoosier women during one of their greatest times of need: an unexpected pregnancy. Since the program was signed into law by then-Governor Mike Pence in 2014, it has served **more than 98,675 Hoosier women** with counseling, education classes, material support, and so much more.

In 2021, the Indiana General Assembly and Governor Eric Holcomb chose to continue funding Indiana's Pregnancy and Parenting Support Program. Following a July 2022 Special Session of the Indiana legislature, our state once again increased funding to the program.

"Indiana has become a model for the nation in building a culture of life through support and love," said Kevin Bagatta, president and CEO of Real Alternatives. "Hoosiers should be proud."

The goal of the increased funding is to build the program's capacity to serve more moms who are seeking pregnancy and parenting support in a post-*Roe* Indiana. The impact of this program is seen in the number of lives saved. But it also has positive ramifications beyond the tremendous task of saving babies from abortion. Service providers encourage women to make healthy choices and to secure medical care, leading to flourishing families.

One lens through which this impact can be viewed is in our state's infant mortality rate, which stood at 7.1 in 2013. Proper prenatal care plays a critical role in improving birth weights and preventing infant deaths. Since our program's beginning, 74,116 clients have received proper prenatal care.

Furthermore, a two-year study from Women's Care Center—one of our state's Real Alternatives providers—demonstrates improved birth weights for the babies of women who visited their centers multiple times.

Promoting Life | Supporting Moms | Encouraging Families

Of Of program clients received prenatal care

of program clients received up-to-date immunizations

(Real Alternatives Data, 2014 - 2022)



Indiana's
Pregnancy &
Parenting
Support
Program is good
for our state.
Together, we
are showing
America what it
means to truly
love both
mother and
baby alike.



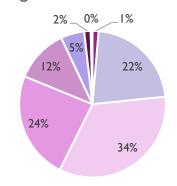


The Women We're Serving

Through Indiana's Pregnancy & Parenting Support Program, tens of thousands of Hoosier women are gaining increased self-sufficiency and improved parenting skills across the state. Support services to new mothers include counseling, shelter, food, clothing, parenting education, adoption information, and referrals to other community agencies for women who have a child under 12 months old.

Here is a simple snapshot of the women we've served between 2014 and December 31, 2022:

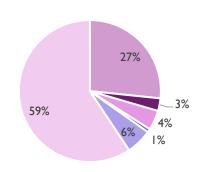
Age of Women Served



<16 years old 16-20 years old 21-25 years old 26-30 years old</p>

■ 31-35 years old ■ 36-40 years old ■ 41-45 years old ■ >45 years old

Race of Women Served



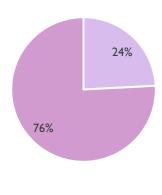
■ African American ■ Asian

Multi

Native AmericanOther

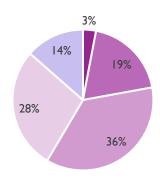
White

Marital Status of Women Served



MarriedNot Married

Education Level of Women Served



■ Grade 0 to 8

Some High School

High School Graduate / GEDSome College

College Graduate





Where We're Serving

Over the last seven years, the Pregnancy & Parenting Support Program has served Hoosier women in almost every Indiana county. The totals below reflect clients served through December 31, 2022.

County	Total	County	Total	County	Tota
Adams	109	Jefferson	6	Switzerland	1
Allen	15,481	Jennings //	6 2	Tippecanoe	5,388
Bartholomew	61	Johnson	417	Tipton	16
Benton	187	Knox	8	Union	2
Blackford	14	Kosciusko	1,892	Vanderburgh	289
Boone	314	LaGrange	136	Vermillion	3
Brown	15	Lake	4,522	Vigo	45
Carroll	136	LaPorte	6,178	Wabash	95
Cass	66	Lawrence	147	Warren	20
Clark	3 /	Madison	164	Warrick	27
Clay	27	Marion	14,922	Washington	7
Clinton	167	Marshall	2,885	Wayne	31
Crawford	1	Martin	8	Wells	198
Daviess	17	Miami	42	White	170
Dearborn	3	Monroe	1.994	Whitley	434
Decatur	15	Montgomery	59	Unidentified	1
DeKalb	688	Morgan	379	FEE	TO SECOND
Delaware	66	Newton	16	Grand Totals:	98,67
Dubois	10	Noble	539		70,07
Elkhart	11,237	Orange	25		
Fayette	28	Owen	154		
Floyd	3	Parke	TOTAL TOTAL		
Fountain	53	Perry	2 2 4		
Franklin	4	Pike	4		
Fulton	299	Porter	534		
Gibson	3	Posey			
Grant	113	Pulaski	76		2000
Greene	106	Putnam	45	A STATE OF THE PARTY OF THE PAR	
Hamilton	999	Randolph			
Hancock	141	Ripley	7 3	4	
Harrison	2	Rush	24		
Hendricks	685	Scott	4		
Henry	26	Shelby	58		
Howard	76	Spencer	1		1
Huntington	274	St. Joseph	24,610		
Jackson	24	Starke	360		
Jasper	90	Steuben	163		
Jay	7	Sullivan	1	P	
			100	200	





"I wanted to say thank you. If it weren't for you Kayden would not be here.

You are literally the reason he is breathing and a part of our family and you don't know it but you saved him. You helped us realize that abortion wasn't for us and that he was meant to be with us always. If we didn't meet you, Kayden would have been either aborted or with another family out of our own senseless fear that we didn't deserve him. So just thank you, for saving my son and believing in us as parents."

- Ashley, client of Women's Care Center



21 Pregnancy Support Centers funded by Real Alternatives throughout Indiana

Provider	County	
Catholic Charities Diocese of Gary	Lake	
Catholic Charities of Ft Wayne / S Bend	Allen	
Catholic Charities of Ft Wayne / S Bend	St. Joseph	
Heartline Pregnancy Center	Kosciusko	
Bravely Women's Health	Tippecanoe	
Bravely Women's Health Mobile Unit	Marion	
Women's Care Center	Allen	
Women's Care Center	St. Joseph	
Women's Care Center	Marshall	
Women's Care Center	Laporte	
Women's Care Center	Elkhart	
Women's Care Center	Marion	
Women's Care Center	Monroe	
Women's Care Center	Lake	

*Note: July 2022 Special Session Funds have been dedicated to increasing service provider sites to serve more women.

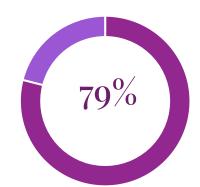




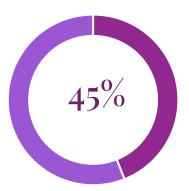
How We're Serving

From postpartum depression to breastfeeding issues to emotional, physical, or sexual abuse, a variety of concerns can place added pressure on mothers across our state. Over the last seven years, thousands of Hoosier women have addressed these challenges by taking advantage of the following services and referrals through Indiana's Pregnancy & Parenting Support Program:

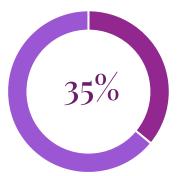
✓ Abortion Risks & Info:	39,099	15.52%
✓ Abstinence/Chastity:	21,179	8.41%
✓ Abuse (Emotional):	5,269	2.09%
✓ Abuse (Physical):	4,841	1.92%
✓ Abuse (Sexual):	2,380	0.94%
✓ Adoption Education:	20,257	8.04%
✓ Anger Management:	2,636	1.05%
✓ Breastfeeding:	28,962	11.49%
✓ Child Care:	40,114	15.92%
✓ Childbirth Issues:	40,722	16.16%
✓ Decision Making:	54,650	21.69%
✓ Depression:	27,243	10.81%
✓ Drug/Alcohol:	31,298	12.42%
✓ Education:	71,713	28.46%
✓ Fetal Development:	125,475	49.80%
✓ Financial/Job:	86,075	34.16%
✓ Grief -Adoption:	9	0.01%
✓ Grief -Infant Death:	7	0.01%
✓ Grief -Miscarriage:	68	0.03%
✓ Housing:	67,721	26.88%
✓ Initial Intake:	88,658	35.19%
✓ Legal:	6,216	2.47%
✓ Life Skills:	27,924	11.08%
✓ Medical/Health:	146,561	58.17%
✓ Mental Health:	30,091	11.94%
✓ Nutrition:	77,691	30.83%
✓ Other:	80,599	31.99%
✓ Pantry Needs:	13,280	5.27%
✓ Parenting Skills:	62,217	24.69%
✓ Post Delivery Stress:	14,762	5.86%
✓ Pregnancy Counseling & Info:	135,725	53.87%
✓ Relationship:	96,932	38.47%
✓ STD Risks & Information:	40,608	16.12%
✓ Stress Management:	27,185	10.79%
3	,	



of women who were pressured by others to abort chose life after program services



of women who were abortionminded chose life after program services



of women who were abortionminded *and* pressured by others to abort chose life after program services



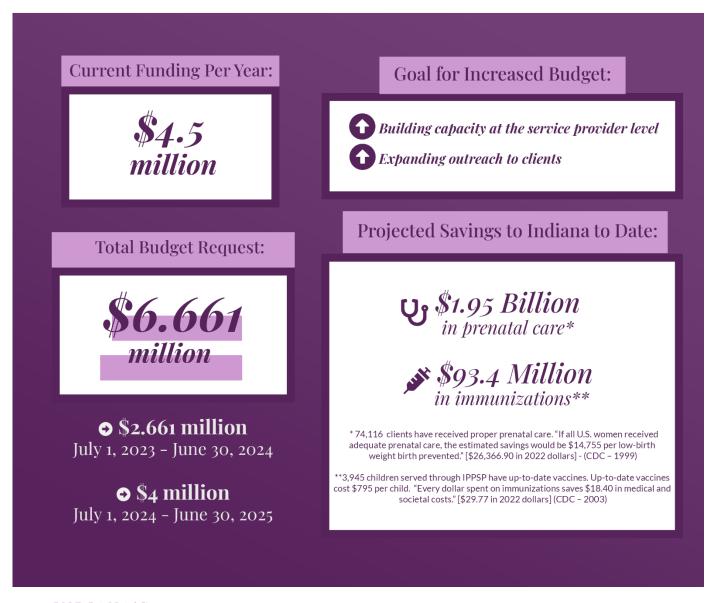


Our Fiscal Responsibility

Indiana's Pregnancy & Parenting Support Program operates at no cost to the women served.

The program is funded on a fee-for-service basis, meaning that Indiana only pays for services once they are performed. This incentivizes performance: The more services a center provides, the more the location is reimbursed for those services. This is notably different from grant-based funding, which provides funds up front, regardless of the number of women served.

Furthermore, the administrative costs of the program account for 8.5 percent of our budget—an incredibly small amount in the world of TANF-funded programs. Indeed, TANF federal funds cap administrative costs at 15 percent. Real Alternatives is able to keep its administrative costs low, thanks to multiple state contracts that contribute to overhead expenses, lowering shared costs.







From the Women

"My daughter is my angel because she saved me." | *Nalah's Story*

One spring day, Nalah came into Women's Care Center, distraught after having taken a positive pregnancy test. Working 60-hour work weeks with three children at home, she could not imagine how she could afford to have another baby. She talked with her counselor about how she was strongly considering abortion, even though she felt horrible about it.

She said she felt alone, with little support and nowhere to turn. She felt reassured by her counselor's assurance that Women's Care Center would be there with her every step of the way, helping her to figure out childcare and assisting with diapers and baby items. She decided to parent and had a beautiful baby girl later that year.

"My daughter is my angel because she saved me," Nalah said. "She saved my family life. I still work hard to provide for them, but now I know that work is not everything. Every single day, I gather my kids together and tell them, 'You are smart, you are strong, you are beautiful, and you are loved.' That's the kind of unconditional love I want them to grow up understanding. Now, I can't believe I ever even thought about abortion. It would have ruined my life."

"It's all worth it—just to be her mama." | Carolina's Story

Carolina and her boyfriend came to Heartline Pregnancy Center in Warsaw, Indiana in late 2020 after taking a positive at-home pregnancy test. Both were stunned and tearful at the idea of an unplanned pregnancy. After confirming the pregnancy with Heartline's nurse and meeting with one of Heartline's advocates, it was clear that abortion was an option in their minds.

Especially for Carolina's boyfriend. Although he seemed to be encouraging and supportive at first, he made comments throughout the appointment that showed his true preference:















"You know what we need to do."

"We can't do this."

"I am getting ready to start my training to be a truck driver."

"I will support your decision, but you know what needs to be done."

But by the time Carolina and her boyfriend left Heartline that day, Carolina was leaning toward parenting. Her boyfriend still seemed set on abortion.

The couple eventually came back to Heartline for a free ultrasound and received images of their baby to take home. Carolina's uncertainty about parenting her baby dissolved. She was now sure she could be a mother to her child.

But Carolina's boyfriend seemed even more determined that she have an abortion. His frustration at Carolina's choice was palpable.

Heartline's advocate encouraged Carolina, building a weekly coaching/counseling relationship with her. She answered questions, provided support, shared local resources and referrals, and provided information about having a healthy pregnancy and preparing for her baby.

Finally, during one of the sessions with her advocate, Carolina shared some startling news. Her boyfriend was no longer in her life. His frustration at their unexpected pregnancy had finally amounted to violence. He had gotten physical with her and attempted to strangle her when she refused to consider abortion. Carolina was able to escape and went to the hospital for treatment of her injuries. She also filed assault charges with the police. Carolina obtained a no-contact order and has not seen her former boyfriend since the day she was assaulted.

Carolina saved the life of her child, as well as her own. She has overcome countless obstacles, including homelessness, unemployment, and health concerns. Her baby was born in the Spring of 2021. Much like her mother, she has shown her strength and determination from the moment she was born.

Carolina, however, did not have a smooth recovery and suffered a stroke while attempting to labor and deliver naturally. Carolina now has no vision in her right eye. Most people would wonder and ask, "Why me?" Carolina—she is happy to climb any mountain that is put in front of her, stating repeatedly, "It's all worth it—just to be her mama."

Note: These stories have been adapted from interviews collected by Real Alternatives.



